

# Developmental Milestones

## Does your child:

### By 3 months:

- Push up on his arms and hold his head up?
- Follow a moving toy with his eyes?
- Startle by a loud noise?

### By 6 months:

- Sit up with light support?
- Babble when alone?
- Reach for objects?

### By 9 months:

- Sit without support?
- Crawl (up on hands and knees)?
- Imitate sounds such as mama and bye-bye?

### By 12 months:

- Pull up to a standing position?
- Finger-feed self solid foods?

### By 18 months:

- Walk well and run?
- Name some objects?

### By 24 months:

- Walk up and down stairs?
- Stack 2-4 objects?
- Use 2-3 word sentences?



## Early Intervention

Services can be helpful for your child and family if developmental milestones are not being met. Supports are available at no cost to you.

For more information, please call

**NEVADA  
EARLY INTERVENTION  
SERVICES:  
1-800-522-0066**

**ProjectAssist@DHHS.NV.GOV**

## It's Not Too Soon To Start

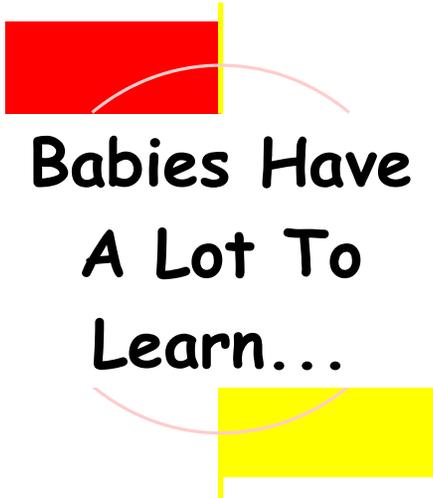
Birth through two years of age is a critical time in a child's development. Medical and educational studies, along with the personal experiences of families, show that a family-centered program of supports and services can make a vast difference in a child's future. This process is known as early intervention, and trained professionals are eager to support parents in helping babies learn all they can.

The earlier services are provided to children with developmental delays and their families get the support and training they need, the better start the child will have in life.



Department of Health & Human Services  
IDEA Part C Office  
4126 Technology Way, Suite 100  
Carson City, NV 89706  
<http://dhhs.nv.gov/Programs/IDEA/PARTC/>

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# Babies Have A Lot To Learn...

## Nevada



Department of Health & Human Services

**Nevada  
Early Intervention  
Services**

## Do you have concerns about your child's development?

### Early Intervention Services may be available if your child:

- Has special health or learning needs **or**
- Was born with a very low birth weight **or**
- Is slow to begin crawling, walking, talking **or**
- Has problems eating, hearing, or seeing.



## What are Early Intervention Services?

In Nevada, Early Intervention (EI) is a system of supports and services individually designed to help your family meet the specific needs of your child. These supports are provided to eligible infants and toddlers, birth through two years, who are experiencing a developmental delay, or have a diagnosed physical or mental condition that has a high likelihood of resulting in a delay.



You will receive a copy of your Parent Rights, have them explained to you, and you must give your consent for any service to be provided.

After the initial evaluation determines your child is eligible for EI supports, your service coordinator, and possibly other members of your child's team will meet with you and share information.

With your approval, they will ask about your family's routines and what people and places are important to you and your child. During this time you and your service coordinator will determine what your concerns and priorities are for your child and family and what outcomes (or changes) you would like to work on.

## You are the most important person in your child's life.

The appropriate supports and services for your child and family are individually determined by a team of professionals, **and most important of all, you, the parents.** You know your child's and family's needs better than anyone.

## PROJECT ASSIST

provides a computerized listing of state and national resources. Anyone seeking information about services for children with special needs or interested in referring a child for early intervention services in Nevada can call toll free:

**1-800-522-0066**

**Project ASSIST** staff will connect you with the Early Intervention Service program nearest you. This office will assign your family a service coordinator and, if determined necessary by you and your team, will arrange for other services such as:

- Nutrition
- Occupational, physical, and speech therapy
- Vision and hearing services
- Family training or counseling
- Parent support
- and many others services